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# Tourist's rational and emotional engagement across events: a multi-event integration view

Tourist's rational and emotional engagement

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#### Abstract

Purpose - The purpose of this study is to investigate and compare the role of communication, structural and intangible elements on both tourists' rational and emotional engagement across five different types of events (nature, gastronomy, religion, theatre and music).

**Design/methodology/approach** – Responses from 1,528 tourists were obtained through a face to face questionnaire in five heterogeneous events in the Spanish region of Extremadura, a well-known cultural tourism destination. Linear regressions were used to evaluate focal constructs' contribution (emotional and rational engagement, formal and informal communication and structural and non-structural elements) on tourists' engagement across events.

Findings - The results revealed that tourist's rational and emotional engagement depends on the type of event. Non-structural elements seem to be important for rational and emotional engagement for gastronomic and cultural events. Besides the impact of structural elements on rational engagement, all other factors seem to have a mixed influence. Therefore, practitioners must select the factors to highlight according to the type of events, besides structural factors.

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**Practical implications** – The current results allow tourism managers to understand the mechanisms for tourists' engagement in a multi-event scenario to strategically select and use and communicate each type of appeal when planning and communicating events to specific target audiences.

**Originality/value** – Unlike most studies that focus on a single event or typology, this study combines a set of heterogeneous events to provide a complete picture of tourism engagement for the tourism sector.

**Keywords** Tourism management, Emotional engagement, Destination communication, Events tourism, Rational engagement

Paper type Research paper

#### 1. Introduction

Tourism based on events' celebration seeks to create and develop events to attract tourists, promote places and nurture emotional and rational engagement. Thus, it is expected that the event can be positively related to the territory where it is held (Getz and Page, 2016). Tourism events based on local culture, traditions and resources have an additional appeal and value because of their authenticity, as they can provide attendees with a unique and memorable experience (Jiang and Chen, 2019). Events have become an efficient instrument in promotional campaigns of destination tourism (Brennan-Horley *et al.*, 2007). Its value is even more relevant in small towns, where events and festivals often significantly contribute to the economic development and infrastructure improvement (Gibson and Connell, 2016), to increase business activity (Pickernell *et al.*, 2007) and to encourage greater participation and involvement of residents (Wilks and Quinn, 2016).

Compared to mega-events that need attendance and support from large companies and state funding (Jiang and Chen, 2019), tourism grounded on genuine events linked to the territory can help preserve and emphasise local characteristics while promoting tourism progress (Ezeuduji, 2015). Cultural resources and local traditions contribute to strengthening the destination's image and promoting it to attract new tourists (Lee and Bai, 2016). The rapid growth of events planned by local administrations and regional governments reveals the need to thoroughly examine the elements they are based on to provide indications for future research and support both academics and professionals (Getz and Page, 2016).

The relationship between destination communication, emotional engagement and rational engagement is widely reported in tourism literature as central components of effective tourism event management (Afshardoost and Eshaghi, 2020; Buhalis, 2019; Murphy *et al.*, 2007; Wu and Liang, 2020). Therefore, the current study aims at assessing the strengths of the different sources of information (intentional or informal), the structural or permanent elements at the destination, and the immaterial resources associated with the destination heritage, to predict the rational and emotional engagement of tourists. While the majority of studies address event tourism economic impact (Lu *et al.*, 2020), the originality and value of the current study lie on the set of factors being evaluated, the focal dependent variables but also on the fact that uses a multi-event approach that reinforces the validity of the results.

Although the literature includes different contributions that compare events, studies comparing the same set of variables across several events with different characteristics targeted at predicting tourist engagement are scarce. Thus, this paper makes a significant contribution to the body of knowledge by exploring visitors' rational and emotional engagement across five different types of events (nature, gastronomy, religion, theatre and music) organised annually in the Spanish region of Extremadura, a recognised inland destination for its history, nature and gastronomy and its cultural resources. Theoretically, the study of these two factors is important because they strongly influence the event tourists' future attitude and behaviour. The results provide tourism researchers with useful information

to improve and measure the experiences of event tourists. From a managerial point of view, the current study is relevant because it illustrates how the local economy can benefit from event-based tourism and guide the design of events to obtain superior economic results.

# 2. Theoretical background and hypotheses development

# 2.1 Emotional and rational engagement

In the process of choosing a destination, tourists value different alternatives because they are influenced by both emotional and psychological factors (attitudes, feelings, values, or personal characteristics) as well as by objective and rational attributes (design, physical attractions, price or advertising) (García-Milon et al., 2020). The emotional component is composed of feelings, motivations and experiences about a destination (Beerli and Martín, 2004; Rodríguez Del Bosque and San Martín, 2008). These feelings influence the memories of tourists' experience and contribute to the future commitment to the destination (Afshardoost and Eshaghi, 2020) by reliving the event through shared images and comments with friends and family (Tung and Ritchie, 2011). Thus, the emotional engagement has a personal and unique meaning for each person linked to the tourist's experience in a specific place and moment (Shamsuddin and Uiang, 2008). In the case of events, this issue is especially relevant because the experience is the event, especially if the events offer additional activities such as tastings, experiential guided tours, thematic classes and workshops (Wu and Liang, 2020). After the event, participants can reflect on what they have learned and discuss this with other participants or express their experiences during the event (Ok et al., 2020).

On the other hand, rational engagement refers to experiences related to consciousness, memory, learning, or reasoned understanding of the experience lived by the tourist (Atadil *et al.*, 2018). From this perspective, a tourist destination is valued by the tourist-based on a group of attributes that correspond to the resources that a certain place possesses (Stylidis *et al.*, 2017). Thus, rational engagement grounds on beliefs and knowledge about a destination, focusing mainly on functional or tangible physical attributes but also taking into account its history, nature or culture among other variables (Baloglu and McCleary, 1999; Pike and Ryan, 2004; Gallarza *et al.*, 2002).

Therefore, engagement with the destination is shaped by a combination of knowledge, impressions, perceptions, prejudices and thoughts about the place (Jenkins, 1999). Given the tourist destination's emotional-rational coexistence with the tourist destination, both concepts are considered fundamental to understand the engagement with the destination from an emotional perspective (Pike and Ryan, 2004) and a rational perspective (Baloglu and McCleary, 1999).

## 2.2 Structural elements

Structural elements are the permanent resources of a place or tourism destination, such as architectural monuments, infrastructures, unique landscapes or socio-economic environment (Baloglu and McCleary, 1999). Tourists, frequently travel to a destination knowing that what they are going to find and with their mindset in enjoying the comfort and pleasantness provided by the elements available at the destination (Del Bosque and San Martín, 2008). These elements, along with other attributes, but mostly the tourist's experience with them, contribute to the formation of engagement with the place (Lew, 1987).

Tyrrell and Johnston (2001) indicate that for a remarkable experience to develop it requires the interaction of natural and cultural resources, infrastructure and services and not only the effects resulting from the events. The presence of the structural elements is crucial to the development of tourists' rational engagement (Uriarte *et al.*, 2019), as visitors are

certain that when travelling to a destination to attend an event they feel secure of being able to enjoy the experience with the event but also with other permanent attractions of the destination (Chi and Qu, 2008). Typically, they are interpersonal, sensory and physical attributes that the tourist expects to find in the destination and that adds value to it during the experience (Hosany and Gilbert, 2010).

Several studies highlight that the tourist's complete experience is formed through the interaction of several elements (Mossberg, 2007; Chi *et al.*, 2020). The well-balanced integration of structural elements and events can induce both thoughts and feelings and significantly influence rational and emotional engagement. Accordingly, the following hypotheses are proposed:

- H1a. Structural elements can induce a favourable rational engagement.
- H1b. Structural elements can induce a favourable emotional engagement

#### 2.3 Tourism events

Tourism events are specific celebrations planned and organised by local administration or private organisations around a specific theme at a location or a tourism destination, and it may include several activities. Usually, the events' content is associated with specific natural attractions and other tourism resources such as traditions, heritage and values of the place where it is held. Tourism events are increasingly relevant to attract tourists to the destination because they represent an opportunity to promote and develop the local economy (Gibson and Connell, 2016). Event-based tourism is particularly important in small cities that intend to promote their territory, particularly in destinations lacking imposing monuments or outstanding natural resources and where it is more difficult to count on the positive effects of mega-events (Gibson and Davidson, 2004).

Some studies hold that small events can provide more added value for the tourist itself and the destination's economic and social development than mega-events (Lima *et al.*, 2016). These smaller-size recurring events are considered increasingly important, especially those based on local culture and traditions, as they enhance rational and emotional engagement, as opposed to mega-events whose effects quickly fade out after the event ends (Park and Park, 2017; Laing, 2018).

Devesa *et al.* (2010) sustain that attending tourism events influences tourists' perception towards the destination, namely, by eliciting rational engagement. Likewise, tourism events also promote emotional engagement if the tourist is provided with the opportunity to go from being a passive observer to an active participant and moulding its own unique experience (Vivek *et al.*, 2012). Therefore, events have an important role as enhancers of the emotional engagement towards the place where they occur, as they serve as positive catalysts of the tourist's emotional part (Getz and Page, 2016).

Accordingly, *H2a* and *H2b* are proposed, suggesting that the celebration of tourism events can positively influence both rational and emotional engagement:

- *H2a*. Tourism events induce a favourable rational engagement with the destination.
- *H2b*. Tourism events induce a favourable emotional engagement with the destination.

### 2.4 Communication

The communication of a place or tourism destination is considered by many as one of the main antecedents contributing to the formation of the destination's engagement (Murphy *et al.*, 2007). Communication is also pointed out as an important for destination marketing organisations (DMOs) and policymakers (Almeida-Santana and Moreno-Gil, 2017), for the creation of positive expectations and quality experiences capable of promoting the tourist's rational and emotional engagement (Zeithaml *et al.*, 1996).

Gunn's (1988) communication model suggests the existence of two types of tourism communication that influence the tourist's image of the destination and consequently the tourist engagement: organic communication and induced communication. The first is based on unintentional testimonies such as family and friends' recommendations and news and information spread in traditional media and through social media platforms. On the other hand, induced communication, or intentional communication, refers to commercial tourism information sponsored by DMOs and distributed through official tourist guides, special publications and tourism professionals.

The continuous development of information and communication technology (ICT) has highlighted the importance of new communication sources for the tourism industry (Buhalis and Law, 2008) inducing a shift in the way the tourism sector communicates (Buhalis, 2019). Institutional digital spaces such as social networks, blogs and websites form an important source for information search when organising a trip and (Dedeoglu, 2019) to ensure a positive rational and emotional engagement with the destination (Wong *et al.*, 2019). Additionally, in an informal way, tourists share information through their personal space in social networks and public and private groups (Ziakas and Getz, 2020), such as opinion websites where they can convey judgement on tourism experiences, which are increasingly valuable and used by other travellers (Xiang and Gretzel, 2010). The influence of online ratings on purchasing decisions is a key issue in multiple sectors, including tourism (Buhalis, 2019).

Informal communication between tourists based on the ICTs is positively related to rational and emotional engagement (Vivek *et al.*, 2012). Thus, the evolution of ICTs imposes changes in the way DMOs approach communication with tourists (Gursoy *et al.*, 2017), by offering new alternatives to interact with them and adding value to the experience (Kim *et al.*, 2020). Lin and Huang (2009) provide empirical evidence regarding the influence of digital communication on tourists' experience, as it indicates a significant and positive relationship between communication and engagement. Accordingly, the following hypotheses are proposed:

- H3a. Intentional communication induces a favourable rational engagement.
- H3b. Intentional communication induces a favourable emotional engagement.
- H4a. Unintentional communication induces a favourable rational engagement.
- *H4b.* Unintentional communication induces a favourable emotional engagement.

Based on the proposed hypotheses (Thomas et al., 2011), Figure 1 depicts the conceptual model being assessed in the current investigation.

#### 3. Method

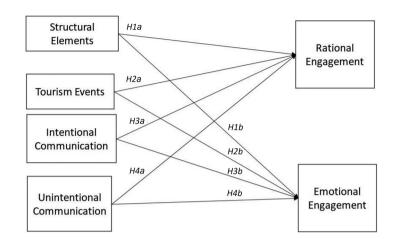
# 3.1 Sample and data collection

The collection of information on primary data was carried out through a structured questionnaire, completed as a personal interview with each tourist with a trained interviewer's help. The questionnaire contained structured quantitative questions that took about 8–10 min to answer, with the interviewers providing a read-out of the questions and a series of indications on the nature of the work. The questionnaire was provided in Spanish.

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Figure 1.
Proposed model



The data collection was conducted between March and August 2019. Interviews were conducted in the busiest areas of the five selected events. The five events had a sample proportional to the total number of questionnaires obtained. The data obtained from the questionnaire were analysed at an earlier stage to detect missing values and to refine the information. Forty-two responses contained missing values in a large number of indicators, a negligible number explained by the warning and consistency of the enumerators in completing the questionnaire. Given that the total number of responses was high (1.570), those with missing values were eliminated, thus considering a total of 1.528 valid responses.

#### 3.2 Measurements and scales

The scales used to measure the different variables had been used and tested in several previous studies. However, sometimes these were adapted so that the questions were understood in the context of the sample.

The rational engagement was measured using nine items from the scales proposed by Echtner and Ritchie (1993) later used by Gallarza *et al.* (2002), Chi and Qu (2008) and Boo *et al.* (2009). For the measurement of emotional engagement was using four items from the base scale by Russell *et al.* (1981), with the developments by Beerli and Martín (2004), Pike and Ryan (2004), Del Bosque and San Martín (2008), Chi and Qu (2008) and Boo *et al.* (2009) was used.

Scales tested in previous studies such as those of Echtner and Ritchie (1993), Gallarza *et al.* (2002), Chi and Qu (2008) and Boo *et al.* (2009) were used to measure the perceived value of the structural or permanent elements of the destination, using eight items. To measure the effect of holding the event, eight indicators generally accepted by the literature were used, such as those of Ritchie and Smith, 1991 and Ekinci and Riley, 2001.

Intentional communication was measured using four items the Horng and Tsai (2010) and Mercille (2005) scales. The scales of Gitelson and Crompton (1983), Gruen *et al.* (2006) and Buhalis and Law (2008) were chosen to assess unintentional communication, using four items.

# 3.3 Study setting

The empirical research was carried out in the cities of Cáceres, Mérida, Trujillo and Plasencia along with the territory of Valle del Jerte belonging to the Extremadura region

located in the southwest of Spain. The four host cities share a great heritage (focussing on nature, landscape, culture and gastronomy), as well as a recognised prestige as representative tourist areas of cultural tourism in Spain.

Cáceres is a city with a strong university character and has more than 3,000 hotel beds. The old part of the city was declared a World Heritage Site by UNESCO in 1986, as one of the most complete urban complexes of the Middle Ages and Renaissance in the world.

Easter Week in Cáceres is a Festival of International Tourist Interest and commemorates the passion, death and resurrection of Jesus of Nazareth through processions that take place mainly in the Monumental City. Its origins date back to the 15th century, although there are references that as early as the 13th century there were parades in which the penitents carried torches. The WOMAD festival has been held in Cáceres since 1992. Created by the musician Peter Gabriel, WOMAD is a brand of international travelling festival based on a multicultural creative space with music from all over the world. The first festival of its kind took place in 1982 in the UK, and since then, the format has spread to other countries such as Sri Lanka, Abu Dhabi, New Zealand and Spain.

Mérida is the capital of the region of Extremadura and the seat of its government institutions. Also, it is a tourist reference throughout the world because of its important archaeological and monumental site, which was declared a World Heritage Site by UNESCO in 1993. The Mérida Festival is a prestigious classical theatre event held in the incomparable setting of the Roman Theatre, considered to be one of the buildings in the world that best represents the Roman architecture of the time of Emperor Augustus. It is the oldest classical theatre festival held in Spain and is considered to be the most important of its kind. Sixty-five editions of the festival have been held from 1933 to 2019, attracting thousands of spectators.

Plasencia is considered the capital of the Jerte Valley and is a top tourist destination owing to the monumental and historical character of the city, as well as its proximity to the tourist resources of the Jerte Valley region. This is the site of the Cherry Blossom Festival, when the cherry trees cover the whole valley with their white blossoms, creating a unique landscape.

Finally, the town of Trujillo is located in the southeast of the province of Cáceres. The historical relevance has made Trujillo an important tourist centre famous for its monuments. It was the birthplace of Francisco Pizarro, conqueror of Peru, whose equestrian sculpture, a representative icon of this town, stands in its Plaza Mayor.

The five events analysed are annual and are organised by the respective town councils in collaboration with, among others, the regional government of Extremadura

Table 1 summarises the characteristics of the events analysed.

Event	City	Date	Type of event	Participants
Easter week	Cáceres	March	Cultural/Religious	54.000
Womad Festival	Cáceres	May	Music	100.000
Cherry blossom	Plasencia y Valle del Jerte	April	Natural	80.000
Cheese fair	Trujillo	May	Gastronomic	150.000
Theatre Festival	Mérida	July-August	Cultural	75.000

**Source:** Own made based on the following sources of data. The number of attendees in the 2019 editions provided by (1) Easter in Cáceres: Excmo. Townhall. (2) Womad Festival: Festival Management. (3) Cherry Blossom Festival in Valle del Jerte: Grouping of municipalities. (4) Trujillo National Cheese Fair: Fair Institution. (5) Mérida Classical Theatre Festival: Festival Director

**Table 1.** Characteristics of the events

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# 3.4 Data analysis

A score was constructed for each variable (emotional engagement, rational engagement, intentional communication, unintentional communication, structural and non-structural elements). The score was calculated based on the average of the items in each construct. Then, linear regressions were performed using separately, emotional engagement and rational engagement as dependent variables and the remaining as independent variables. Normality of the data was evaluated based on skewness and kurtosis, which present values between -0.002 and 0.483. Multicollinearity was assessed using the variance inflation factor (VIF). The results indicate no multicollinearity problems in the data, as all the calculated values are inferior to the most conservative threshold of 3. SPSS version 27.0 was used to perform data analysis.

# 4. Results

The sociodemographic data on people attending the five events were analysed and reported in Table 2, indicating that respondents' characteristics do not differ much among the samples. All five samples are mainly composed of Spanish tourists ( $\geq$ 98%), mainly women ( $\geq$ 54%), and the majority holding a college degree ( $\geq$ 57%). Regarding age, there are significant differences. The major group is between 45 and 64 years old, except for the Womad Festival. Because of its peculiar characteristics, more than half of the participants aged under 26. Probably owing to the type of event, 71% of the respondents at the Mérida Theatre Festival aged 45 years old or more. The expressed loyalty of those attending the events is around 50% for tourists who had visited the region more than three times. In the case of the theatre festival, this percentage is even higher, reaching 67%.

These results are globally in agreement with the works by Wong *et al.* (2019), Gibson *et al.* (2012) or Matheson (2008), except for age in the case of the Womad Festival where there are substantial differences. The difference may result from the types of music-focussed by Womad, particularly targeted at the younger market, and the large number of college students living in Cáceres and enrolled in the University of Extremadura.

As for the descriptive analysis of the sample, Table 3 presents the items used with their mean values and standard deviations for all variables in the five scenarios. The analysis yielded mean values between the maximum recorded for an affective engagement at the classical theatre festival (mean = 4.5172) and the minimum for intentional communication at the Womad festival (mean = 2.185). As for the standard deviation, for the five samples, there are small values, which in almost all cases do not exceed unity, thus indicating a high concentration of the data obtained.

To evaluate the influence of the factors depicted in the conceptual model, a score was computed for each factor and event by averaging the items within the scale. The score was used to test the effect of the factor on tourists' engagement. Multiple regression was conducted to evaluate if intentional and non-intentional communication, structural elements and events' characteristics predicted the tourists' rational and emotional engagement for each event.

Table 4 presents the model summary for each of the linear regressions. The R-square results indicate that rational engagement is better explained by the factors under analysis than emotional engagement. The only non-significant regression equation is for rational engagement in the case of the Mérida's Theatre event (F (4,300) = 0.391, p = 0.815) with an  $R^2$  of 0.005.

The results show consistency for the Easter and Cheese events, as they are associated with a better prediction for both rational and emotional engagement. In the case of rational engagement, it is important to notice the similarity of the R-square between the gastronomic type events.

The structural elements seem to be determinant for the rational engagement independently from the event because all  $\beta$  coefficients are significant. Communication is

Criteria	Levels	Nature	(%)	Gastronomy	(%)	Religious	(%)	Theatre	(%)	Musical	(%)	Total	(%)
Origin	Spain	297	86	308	66	298	86	301	86	298	66	1502	0.98
	Others countries	7	2	4	П	2	2	7	2	က	Π	56	0.05
	Total	304	100	312	100	303	100	308	100	301	100	1528	100
Age	Under 26	34	II	37	12	32	II	20	9	152	50.5	275	0.18
	26-44	83	27	78	25	113	37	20	23	81	27	425	0.28
	45-64	152	20	151	48	142	47	139	45	29	22	651	0.43
	+65	35	12	46	51	16	5	62	56	_	0.5	242	0.12
Gender	Men	141	46	138	44	137	45	145	47	127	42	889	0.45
	Women	163	54	174	99	166	22	163	53	174	28	840	0.55
Level of studies	University	173	22	139	45	172	22	204	29	177	69	865	0.57
	Secondary	69	23	78	25	74	24	4	I3	26	20	324	0.21
	Others	62	20	92	30	22	6I	09	20	65	21	339	0.22
Destination. Number of times	First time	26	18	27	6	54	18	27	∞	82	6	192	0.13
	Second t.	46	15	53	17	26	18.5	35	II	22	19	247	0.16
	Third t.	88	13	22	18	28	6I	43	14	40	13	234	0.15
	More	164	54	177	99	135	44.4	203	29	176	29	855	0.56

**Table 2.** Sample profile

	Description	Nature Mean (	e SD	Gastronomy Mean SD	omy SD	Religious Mean S	SD	Theatre Mean S	otre SD	Music Mean	ic SD
Ration RE1 RE2 RE3 RE4 RE5 RE6 RE6 RE7	Rational engagement REI Has easy Access from other regions and good infrastructures RE2 There is a good relationship of quality/Price in the accommodation RE3 There is a good relationship of quality/Price in the restaurants RE4 The local inhabitants are friendly and hospitable It is a good location to visit with family RE5 It is a good and useful tourist information centres and RE6 It has very agreeable weather conditions RE7 It has very agreeable weather conditions RE8 I feel safe in this tourist destination RE9 It is a good place to relax	3.763 3.660 2.990 3.000 4.170 4.140 3.410 4.110 4.220	0.357 0.797 0.676 0.645 0.653 0.871 0.687 0.582	3.593 3.580 2.660 2.650 4.060 4.030 3.110 4.020 3.890 4.360	0.367 0.857 0.648 0.788 0.733 0.616 0.852 0.594 0.665	3.647 3.770 2.860 2.860 4.000 4.160 3.520 2.990 4.240 4.420	0.566 1.013 1.053 1.073 0.816 0.751 1.042 1.119 0.750	3.654 4.080 2.790 2.670 3.970 3.220 3.850 3.850 4.380	0.254 0.586 0.714 0.690 0.640 0.592 0.900 0.560 0.561	2.828 3.190 2.230 2.180 3.180 2.760 2.710 3.900 2.820 2.820	0.385 0.870 0.499 0.489 1.070 1.127 0.702 1.037 0.747
Emotic EM1 EM2 EM3 EM3	Emotional engagement  EMI Unpleasant/Pleasant  EM2 Boring/Fun  EM3 Stressful/Relaxing  EM4 Gloomy/Exciting	3.998 4.200 3.270 4.040 4.480	0.489 0.631 0.995 0.776 0.684	3.916 4.450 3.210 3.600 4.420	0.44 0.625 0.950 0.701 0.672	3.931 4.590 3.010 4.150 3.970	0.587 0.654 1.266 0.844 0.915	4.051 4.260 3.180 3.900 4.870	1.051 0.797 4.080 0.886 0.385	3.857 3.660 4.680 3.050 4.050	0.379 0.774 0.687 0.742 0.923
Structus SE1 SE2 SE3 SE4 SE5 SE6 SE7 SE6 SE7 SE7 SE8 SE7 SE8 SE8 SE8 SE8 SE8 SE8	Structural elements SE1 Gastronomy SE2 Local culture and traditions SE3 Nature and landscapes SE4 Hotel availability SE5 Restaurants available SE6 Local Shops SE7 Historical attractions and museums SE8 Leisure and entertainment offered SE8 Cleanliness and security	3.784 4.100 4.120 4.960 3.350 3.500 3.550 3.570 4.130	0.511 0.580 0.622 2.925 0.881 0.852 0.783 0.828 0.828	3.740 4.230 3.820 4.510 3.350 3.230 3.430 2.960 4.340	0.352 0.739 0.696 0.676 0.586 0.586 0.780 0.780 0.996	3.745 3.960 4.000 4.450 3.290 3.330 3.410 3.940 2.970 4.350	0.501 0.758 0.844 0.779 0.988 0.943 0.952 1.042 1.238 0.803	3.729 4.100 3.310 4.580 3.170 3.100 2.930 4.220 3.810 4.340	0.245 0.660 0.831 0.780 0.567 0.570 0.887 0.618	3.271 3.130 2.970 4.110 2.660 2.620 2.690 3.390 4.670 3.180	0.357 0.833 1.064 1.217 0.616 0.532 0.633 0.935 0.633
Events EV1 EV2 EV3 EV4	Visibility (known externally) Tradition and roots with the local population A place of celebration Organisation	3.922 3.040 4.280 4.480 3.940	0.577 0.986 2.991 0.694 0.749	3.683 2.760 3.930 4.530 2.960	0.411 0.914 0.756 0.666 1.045	3.313 2.440 3.420 3.990 3.440	0.93 1.194 2.581 1.266 1.137	3.982 4.380 3.420 4.620 3.590	0.289 0.653 0.715 0.701 0.878	3.767 4.350 2.970 4.170 3.150	767 0.347 350 0.713 370 0.822 1.70 0.711 1.150 0.949 (continued)

**Table 3.**Descriptive statistics for indicators and composite scores

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		Nature	re	Gastror	omy	Religion	sno	Theatre	tre	Music	ic
	Description	Mean	SD	Mean SD	SD	Mean SD	SD	Mean	SD	Mean	SD
EV5	Unique	4.390	929.0	3.660	0.646	3.660	1.232	3.850	0.604	3.830	0.679
EV6	Power of attraction	3.990	0.749	3.830	0.596	3.410	1.180	3.830	0.630	3.870	0.699
EV7	Participation of local population	4.070	0.768	3.840	0.604	3.770	1.187	3.810	0.624	3.170	0.813
EV8	Participation of tourist/ visitors	3.210	1.547	3.940	0.810	2.370	1.464	4.360	0.692	4.660	0.593
Inten	tional communication	2.455	0.744	2.321	0.568	2.261	0.77	2.558	0.555	2.185	0.435
121	IC1 Websites, newsletters, and official networks (e.g. governments)	2.750	1.121	2.600	0.926	3.150	1.318	3.920	0.638	2.810	0.994
IC	Specialised media: Guides and magazines	2.400	0.970	2.170	0.701	2.070	1.109	2.100	0.808	1.930	0.467
$\mathbb{S}$	Mass media: television. radio. press.	2.270	0.835	2.120	0.794	1.860	0.922	2.070	0.846	1.990	0.678
7	Promotional brochures and catalogues	2.400	1.048	2.380	0.878	1.970	1.016	2.140	0.957	2.010	0.876
Unin	tentional communication	3.387	0.767	3.584	0.583	3.253	98.0	3.754	0.357	3.736	0.437
CI	Friends and family	3.870	1.135	4.150	0.745	3.560	1.343	4.340	0.711	4.410	0.685
$\Omega$ C2	Internet: social networks. blogs	3.590	1.107	3.800	0.816	3.540	1.361	3.970	0.546	4.060	0.728
UC3	Websites (non-institutional) specialised in tourism	3.380	1.140	3.500	0.889	3.200	1.370	3.510	0.612	3.050	0.766
UC4	Applications for mobile phones (Telegram. WhatsApp)	2.710	1.268	2.870	0.977	2.710	1.348	3.200	0.843	3.430	0.938
	Valid N	304		308		303		306		294	

df2300 300 297 298 284 289 299 297 300 287 F change df1 4444 30.615 30.615 49.872 5.359 11.808 4.269 23.109 15.704 0.391 6.208 R square change 0.290 0.290 0.402 0.067 0.143 0.056 0.236 0.175 0.005 0.080 Std. error of the estimate 0.311 0.311 0.441 0.245 0.346 0.481 0.388 0.536 1.060 0.367 Adjusted R square Notes: Predictors: (Constant), NSE\_Score, NIC\_Score, SE\_Score, IC\_Score 0.043 0.226 0.163 -0.008 0.067 0.280 0.280 0.394 0.055 0.131 R square 0.290 0.290 0.402 0.067 0.143 0.056 0.236 0.175 0.005 0.080 Dependent variable: emotional engagement 0.538<sup>a</sup> 0.538<sup>a</sup> 0.634<sup>a</sup> 0.259<sup>a</sup> 0.378<sup>a</sup>  $0.236^{a}$  $0.486^{a}$  $0.418^{a}$  $0.072^{a}$   $0.282^{a}$ Dependent variable: rational engagement  $\mathcal{R}$ Type of event Gastronomic Religious Gastronomic Religious Cultural Musical Cultural Musical Nature Nature Event Theater Womad Theater Womad Cherry Cheese Cherry Easter Cheese Easter

Sig. F change

Change Statistics

0.000

0.002 0.000 0.000 0.815 0.000

**Table 4.** Model summary for each of the linear regressions

only significant for rational engagement with cherry and holy week (Easter), yet presenting a negative sign (Table 5). The emotional engagement is harder to achieve, and only the structural and non-structural elements show the ability to predict it.

According to the results in Table 5, structural elements are relevant to predict the emotional engagement with the cheese fair ( $\beta=0.32$ , p<0.00), but not to the other gastronomic event, the cherry festival ( $\beta=0.06$ , p=0.264). The non-structural elements are significant to predict the emotional engagement with both the gastronomic events, the cherry festival ( $\beta=0.21$ , p<0.00), the cheese fair ( $\beta=0.26$ , p<0.00) and the Womad musical festival ( $\beta=0.22$ , p<0.00). Despite the importance of communication, and contrary to our expectations, neither intentional nor informal communication seems to have a meaningful impact on engagement, particularly on emotional engagement.

Table 6 summarises the results of the hypotheses testing according to the type of event, showing that there is no general rule that applies to all types of events because only the influence of structural elements on rational engagement seems to behave identically independent of the type of event. The number of hypotheses supported with the structural elements (7) is slightly superior to the hypothesis linked to events (5), indicating that both have a significant impact on engagement in general, but the structural elements are key.

Interestingly, non-intentional or informal communication does not affect tourists' emotional engagement regardless of the type of event.

#### 5. Discussion and conclusions

The findings reported in this paper are important because they were obtained from samples gathered in five different types of events, increasing the odds of being generalisable. Being grounded in five events of different types (nature, gastronomy, religion, theatre and music) and by comparing tourists' opinions and engagement, the current study stands out from the existing literature. Based on the current findings, researchers and those responsible for planning and managing the tourist destination can identify the factors that increase the degree of engagement with the destination, so they can expand the scientific research but also adopting the appropriate measures to strengthen this engagement and learn more about the tourist who is attracted to this type of events (Uriarte *et al.*, 2019).

The results show that rational engagement is better predicted by the factors analysed than emotional engagement. Besides, the importance of given to structural or permanent elements at the destination suggested by Stylidis *et al.* (2017) was confirmed because they influence the rational engagement for all events. The results also reveal that tourists' rational and emotional engagement depends on the event type (Getz and Page, 2016). There is a special influence on events based on nature and music in consonance with what was suggested by Vermeir and Verbeke (2006). The explanation may lie in the higher level of active participation by visitors to these two types of events, which elicit a more intense experience and consequently a higher level of rational and emotional engagement (Kim *et al.*, 2020).

These findings are in line with previous studies (Organ *et al.*, 2015; Tarkiainen and Sundqvist, 2009) and make a significant contribution to the debate on the importance of the role of tourists' active participation in events to foster engagement (Ok *et al.*, 2020).

Based on the results, it is also notorious that communication, either intentional or informal, about the destination and the event, has little or no influence on tourists' engagement. When it does, it is only the informal communication that stands out. These findings follow previous studies by Liu et al. (2019) and raise doubts about why communication is usually considered key for tourism promotion. These and similar future findings may stimulate a turn in the investment strategy for destinations, which may decide to allocate these resources to improve tourists' experience by improving structural elements

B0.000 0.209 Sig. Gastronomy B0.000 0.005 0.000 0.000 0.000 0.697 0.450 0.264 0.000 Sig. Nature BIC\_Score NIC\_Score SE\_Score NSE\_Score Constant Table 5. Engagement  $\beta$  coefficients value Rational

0.001 0.758 0.388 0.000 0.033 0.000 0.492 0.081 0.081

1.08 -0.02 0.05 0.12 0.12 0.04 0.08 0.08

0.000 0.636 0.423 0.000 0.188 0.013 0.975 0.570 0.474

0.07 3.51 0.00 0.03

 $\begin{array}{c} 0.107 \\ 0.000 \\ 0.226 \\ 0.688 \\ 0.000 \\ 0.461 \end{array}$ 

0.000 0.000 0.692 0.049 0.000 0.000

-0.40-1.97

0.34

0.06

SE\_Score NSE\_Score IC\_Score NIC\_Score Constant

Engagement

Emotional

0.000

0.86 5.82 2.14 6.87 0.69 0.69 1.75 1.37 3.67

Sig.

B

Sig.

В

Sig.

Religious

Theatre

Musical

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and the attractiveness of the events (Organ *et al.*, 2015). Investing in ways of conserving the memory of the remarkable experiences associated with the event and promoting the tourist engagement through the exchange of experiences must be considered a priority (Geus *et al.*, 2016), as these memories can induce emotional engagement and relive the special moments associated with the event (Richards, 2019).

In summary, the results indicate that holding events is a good way of attracting tourists and promoting engagement with a tourism destination. Different visitor profiles could be identified according to the type of event studied, reinforcing the understanding that no magic formula can be universally applied to all different tourism events (Gyimothy, 2009). Promoters, decision-makers, and DMOs must pay detailed attention to the coordination and harmony between structural elements and the events, improve the overall experience and achieve a higher level of both rational and emotional engagement with the destination (Lu et al., 2020). Communication must not be completely neglected in the face of the poor results in determining tourists' engagement. The consideration here is that regardless of its institutional or informal nature, informative communication can increase awareness about the destination and the events taking place there (Buhalis, 2019).

# 5.1 Theoretical implications

This study found a large and unprecedented research gap in the knowledge literature on tourism events. Previous research analysed tourism events and festivals in isolation but did not compare, during their visit to the destination, the engagement of tourists in five events of different typology. Thus, this work complements and expands the literature on event tourism on a theoretical level, exploring and comparing tourists' perceptions and engagement based on five different events (McKercher et al., 2006). The work is particularly relevant because it uses a multi-event sample to assess the role of structural elements, events and intentional and unintentional information in predicting rational and emotional engagement. This approach provides an expanded theoretical basis for other researchers to compare their findings on the same topic. Besides, this work provides a framework for the profile of tourists attending each type of event that can be used to guide future research. The segmentation and identification of groups of tourists are considered key for the design and development of different tourism marketing strategies supported by informal communication produced in social networks as opposed to formal communication (Rahman et al., 2020). In this sense, the importance of the progress of new communication channels is evident, offering advanced multimedia tools that can improve event communication (Ziakas and Getz, 2020), based for example on virtual reality or social networking sites (Gursoy et al., 2017).

Hypothesis	Nature	Gastronomy	Religious	Theatre	Musical
H1a	Supported Not supported Supported Supported Supported Not supported Supported Not supported Not supported	Supported	Supported	Supported	Supported
H1b		Supported	Supported	Not supported	Not supported
H2a		Supported	Not supported	Not supported	Supported
H2b		Not supported	Not supported	Not supported	Supported
H3a		Not supported	Not supported	Not supported	Not supported
H3b		Not supported	Supported	Not supported	Not supported
H4a		Not supported	Supported	Not supported	Not supported
H4b		Not supported	Not supported	Not supported	Not supported

**Table 6.** Summary of hypotheses confirmation

# 5.2 Implications for management

The combined analysis of multiple events has generated findings that have practical implications. Tourism managers have evidence that for promoting tourists' engagement, it is necessary to concentrate largely on the structural elements and congruence with the event characteristics. Furthermore, they must acknowledge that an event can become a communication tool aimed to strategically promote the destination by indorsing unique resources capable of attracting tourists and improving the territory's engagement.

The findings recommend the development of customised programs for event tourists which allow visitors to participate actively in the activities to generate more intense experiences, promote higher levels of engagement and increase memorability, for example, by designing activities aimed at encouraging tourists to experience new and pleasant sensations far outside of their usual routine. The value of these experiences must constitute a major objective for the promoters. Being successful in this task will improve the emotional engagement and support long-term relationships that will improve the destination's attractiveness and competitiveness. This approach can be particularly useful within the COVID-19 pandemic context for resuscitating tourism, which has been severely affected. Favouring the hosting of small-scale open-air events in unusual places may generate a new niche to counteract the negative social and economic impacts caused by the pandemic (Hall *et al.*, 2020).

# 5.3 Limitations and future research

Like any research, the current one as limitations that must be acknowledged. Despite the advantage of analysing five events, these were held in a single Spanish region, and the participants were interviewed during the attendance to the event. Conducting a post-event survey may have helped get a longitudinal measure for the engagement level to evaluate the persistence of the engagement over time. Future studies can expand the current study by deepening the previous idea and by including loyalty or engagement of destiny in the model. It would also be interesting to investigate ways of turning communication effective for increasing tourists' engagement with a destination. A final note to the sample is composed almost completely by Spanish tourist; therefore, it seems reasonable to assume that the conclusions apply more to the context where domestic tourists attend events, regardless of the country or region.

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