

INDEX

- Abuse and care, 149–150
- Academic help, 79
- Adaptation, 119–120
- Adult carers, 8
- Age, 26–27
- Ambiguous loss, 118–119
- Anticipatory care,
 - 108–110
- Anticipatory grief, 118
- Association of Directors of Adult Social Services (ADASS), 65–66
- Attendance Allowance, 71, 84
- Attentiveness, 160
- Austerity measures,
 - 22–23
- Autonomy, 140–141, 155–156
- Balanced mode, 115
- Black, Asian and Minority Ethnic Communities (BAME), 28
 - carers, 53, 97
- Bodywork, 135
- Care, 106–109, 149, 180–182
 - arenas, 130, 162, 166
 - carers, 4–5
 - commitments, 130–131
 - contract, 34–35
 - ethic of care, 125–127
 - ethicists, 146–149
 - ethics, 187–188
 - family and formal care,
 - 134–137
 - home, 151–153
 - intensity, 17–23
 - nature, 124–125
 - needs, 51
 - and relationships,
 - 176–177, 187, 189
 - typology, 109
 - workers, 1–2
- Care Act (2014), 74, 84–85, 155–156, 187–188
- Care-full system, 171–172
- Care-related expenditure, 59
- Care-related issues,
 - 149–153
 - abuse and care, 149–150
 - care home, 151–153
 - modern societies, 153

- Career care trajectory, 130–131
- Carer Addition (*see* Carer Premium)
- Carer Element (*see* Carer Premium)
- Carer Health and Well-Being, 75–76, 90–91
- Carer population
 - age, 26–27
 - family members
 - supporting relative with terminal illness, 38–39
 - gender, 25–26
 - key dimensions of, 24–39
 - race, 28
 - sexuality, 28–38
 - socio-economic status, 27
- Carer Premium, 70, 73
- Carer-related policies
 - benefits for carers, 83–84
 - carer health and well-being, 90–91
 - carers and higher education, 93
 - carers' employment rights, 94–97
 - over last twenty years, 67
 - local authority support, 84–90
 - outcomes of, 82–97
 - young carers, 91–93
- Carer-related stress, 115
- Carer's Allowance, 48, 70, 81–84
- Carers (*see also* Supporting carers), 1–3, 6, 20–21, 180–182
 - benefits of market for carers, 159
 - care, 23–24
 - complexities, 6
 - conceptualised in policy and by services, 138–142
 - COVID and, 166
 - and financial hardship, 46–48
 - and Higher Education, 78–79, 93
 - identity, 113–115
 - individuals and groups, 179
 - issues, 7
 - needs assessments, 74
 - numbers, 9–12
 - passports, 79
 - population, 3–4
 - promoting justice,
 - fairness and rights for carers, 159–162
 - of relatives with severe functional mental health problems, 120–121
 - rights, 189–192
 - social justice, 146, 166
 - support, 12–14
 - support and policy, 100–102

- Carers Act (1995), 67
- Carers Action Plan (2018–2020), 81
- Carers Trust, 67, 79
- Carers UK, 67, 159
- Carers' Employment Rights, 79–82
- Caring, 2, 20–21, 106–107, 132, 134, 180–182
 - BAME carers, 53
 - on carers, 41–42
 - carers and financial hardship, 46–48
 - impact of caring on specific carer populations, 52–62
 - complexities, 6
 - dementia carers, 59–60
 - employment and caring, 42–46
 - family members supporting relative with terminal illness, 61–62
 - former carers, 60–61
 - health and well-being, 48–52
 - landscape, 179
 - nature, 124–125
 - older carers, 58–59
 - role, 113–115
 - roles and tasks, 4
 - sandwich carers, 53–54
 - as temporal journey, 108–112
 - young carers, 54–58
- Children and Families Act (2014), 76, 80–81
- Chronic obstructive pulmonary disease (COPD), 121–122
- Chronic sorrow, 120
- Closing down the caring time, 112
- Co-caring, 141
- Co-resident carers, 21
- Collective responsibility, 148
- Commentators, 6–7, 12
- Commissioning, 136–137
- Competence, 160
- Conceptualising care, 108
- Constructing life post-caring, 112
- Consumer choice, 155–156
- Contestation, 2–3
- Convention on the Rights of Persons with Disabilities (CRPD), 168–169
- COVID pandemic, 7–8, 123–124, 127–128, 166
- Critical care theory, 127–128
- Cruse Bereavement Support, 123–124
- Cultural variation, 2–3
- Cutbacks in services, 65–66
- Definitional inconsistency, 2–3

- Dementia, 121–122
 - care, 116–124
 - carers, 35–37, 59–60, 98–99
 - grief, 118–120
- Democracy, 184–187
- Direct payments, 157–158
- Disability Living Allowance, 51–52
- Distance carers, 21
- Distinctive post-caring trajectory, 112
- Distributive justice, 147–148
- Dyadic carers, 13
- Effective re-emergence, 119–120
- Effective support, 101–102
- Emotional labour, 117–118, 176
- Emotions, 132–134
- Employers for carers (EfC), 94
- Employment
 - and caring, 42–46
 - rights, 147–148
- Employment Support Allowance (ESA), 70, 73
- Empowerment, 189–192
- End-of-life carers, 121–124
- Equality, 147–148
- Equality Act, 81, 2010
- Ethic of care, 125–127
- European Convention on Human Rights, 169
- Expectations, 132–134
- Fairness, 147–148
- Familial care relationships, 13
- Family care, 1, 27–28, 107, 133–134, 138, 179
- Family carers, 106, 122–123
- Family caring in UK, 9
 - care intensity, 17–23
 - carer numbers, 9–12
 - carers care, 23–24
 - carers support, 12–14
 - key dimensions of carer population, 24–39
 - reasons for need for care, 14–17
- Family changes over time, 14
- Family members supporting relative with terminal illness, 38–39, 61–62, 100
- Feelings, 133
- Filial carers, 21
- Financial hardship, 46–48
- Financial support, 79
- Formal care, 134–137
- Former carers, 37, 60–61, 99
- Gender, 25–26
- Grief, 118
- Health, 48–52
- Health and Care Act (2022), 82

- Health and well-being support, 79
- Higher Education, 78–79, 93
- Human rights, 168–171
- Immersed carer, 115
- Inequalities, 162–166
- Injustices, 162–166
- Instrumental care, 108–111
- Integrated mode, 115
- Intensive carers, 111
- Interdependence, 125
- Inverse care law, 174
- Job Seekers Allowance (JSA), 70, 73
- Justice, 149
- Language of policy, 158
- Legacies of caring, 60
- LGBTQ+ -, Lesbian, gay, bisexual, transgender, intersex, queer/questioning, asexual and other terms (such as non-binary and pansexual), 28–29
- Life course
 - approach, 131
 - and family care, 129–132
- Liminality, 119–120
- Local authority support, 74–75
- Local support networks, 65
- Loss, 118, 120
- Morality, 186–187
- National Health Service (NHS), 5
- National Institute for Health and Care Excellence (NICE), 75–76, 121–122
- National Living Wage (NLW), 44, 83–84
- National Minimum Wage, 44, 83–84
- Neoliberalism, 138
- Not be in education, employment or training (NEET), 56
- Older carers, 16–17, 34, 58–59, 98
- Organisational/managerial labour, 117–118
- Paid carers, 1–2, 6–7
- Palliative care, 121, 123–124
- Palliative carers, 121–124
- Parents, 2
- Personalisation, 96
- Physical labour, 117–118
- Physical self, 118–119
- Political, 155–159
 - ethic of care, 127–128, 153, 155
- Politics, 186–187
- Population ageing, 15–16, 27
- Post-caring void, 112

- Preventive care, 108–110
Proper locus of care, 185
Proportionality, 147–148
Protective/preservative care, 108–110
Psychological morbidity carers, 51–52
Psychological self, 118–119
Public services, 27–28
Pupil Premium funding, 76
Race, 28
Re-emergence, 119–120
Reciprocal care, 110–111
Recognition, 172–173
Reconstructive care, 108–110
Redistribution, 172–173
Relational autonomy, 140–141
Relationships, 176–177
Renewed notion of social justice, 149
Respite care, 140–141
Responsibility, 160
Responsiveness, 160
Rights, 168, 172–173
Rights for carers, 145–146
Sandwich carers, 30–31, 53–54, 97–98
Scottish Government, 81–82
Self-directed care, 155–156
Self-funders, 23
Separation, 119–120
Serial care relationships, 130–131
Services, 147–148
Severe Disability Premium (SDP), 92
Sexuality, 28–38
Sharing memories, 118–119
Site of care, 128–129
Social citizenship, 145–146, 166, 168
Social identity theory, 113
Social investment approach, 159
Social isolation, 60–61
Social justice, 7, 145–146, 148, 166, 184, 187 carers and, 146
Social model of disability, 124–125
Social primary goods, 147
Social protection, 182–184
Social risk, 160–162, 182, 184
Socio-economic status, 27
Solidarity, 160
Supervisory care, 108–109
Supporting carers, 65 benefits for carers, 70–82 carer support and policy, 100–102 carer-related policies over last twenty years, 67 outcomes of carer-related policies, 82–97

- support for carer
 - populations, 97–100
- Sustainable model, 186
- System restructure
 - dimensions, 173–176
- Unitary process, 113–114
- United Nations (UN), 168–169
- Universal Credit (UC), 70, 73, 92
- Unpaid care, 10–11
- Variability, 174
- Welfare benefits, 147–148
- Welfare conditionality, 156
- Well-being, 48–52
- Welsh Government, 81–82
- Work and Families Act (2006), 80–81
- Worker skills, 136–137
- Working carers, 29–30
- Working Tax Credit, 83–84
- Young Carer Ambassador Programme, 77
- Young carers, 31, 54, 58, 76, 78, 91, 93
- Young Carers Health Champion Programme, 78
- Young Carers Schools programme, 76–77