

INDEX

- Activity
 - core, 5–6
 - definition of, 4–6
 - and social world, 8–9
- Aerobic activity, 10
- Agreeable obligation, 2–3
 - as leisure, 15–16
- Amateurs, 6
- Bailey, R., 20
- Balance of work, life, and obligation, 44–47
- Beatty, J., 21
- Bella, L., 30
- Bosnjak, M., 31
- Brissett, D., 22
- Caldwell, L. L., 41
- Casual leisure, 10
 - core activities, 5
- Chick, G., 3–4
- Codina, N., 26–27
- Community obligations, 51–52
- Contextual approaches, 4
- Core activity, 5–6
- Council of Contemporary Families (CCF), 19–20
- Culture of obligation, 53–57
- Cumberland County Improvement Authority (CCIA), 33–34
- Cuskelly, G., 55–56
- Daydreaming, 20
- Disagreeable obligation, 3, 37
- Domain, 2
- Donnellan, M. B., 61
- Durable benefits, 8
- Egan, V., 61
- Ekici, M., 31
- Elder, G. H., 39
- Elgin, D., 44–45, 47
- Employment, 1
- Ethos, 8
- Faulk, M., 41
- Giele, J. Z., 39
- Gregg, R., 45
- Grocery shopping, 30
- Harrington, M., 55–56
- Harris, M. B., 22
- Hobbyists, 6–7
- Ill-being, 31
- Individual approaches, 4
- Insiders, 9
- Jakobwitz, S., 61
- Joudrey, A., 22
- Kaplan, M., 2–3, 64
- Keenan, T., 32
- Kitchener, C., 19–20
- Lee, D.-J., 30–31
- Leisure (*see also* Agreeable obligation; Serious leisure perspective (SLP)), 59
 - as activity, 4–6
 - definition of, 3–4
 - as procrastileisure, 26–27

- and voluntary simplicity, 46–47
- Lifestyle of non-work obligation, 38–39
- Lucas, R. E., 61
- Maffesoli, M., 50
- Marley, K., 31
- Moreno-Jiménez, M. P., 53
- Munsey, C., 33
- Non-work obligations, 1, 3, 6, 51–53
 - during adolescence, 40–41
 - among middle-aged adults, 42
 - among young adults, 41
 - culture of, 14–15, 53–57
 - as disagreeable, 13, 37
 - disagreeable personality and, 61–62
 - disagreeableness in, degrees of, 64–65
 - as domain, 2
 - duty in, 62–64
 - during early to middle old age, 42–43
 - hiring out/ignoring, 46
 - and interpersonal relationships, 28–32
 - interpreting, 25–27
 - interpreting community obligations, 33–36
 - during later old age, 43
 - at life course turning points, 39–43
 - and lifestyle, 38–39
 - PEA, 20–22
 - personal thoughts about, 17–20
 - quasi-social worlds, 50–51
 - responsibility in, 62–64
 - types of, 14–20
 - voluntary simplicity, 44–46
 - work-life-obligation balance, 44–47
- Not-in-my-backyard (NIMBY), 14–15, 55
- Obligation, 2
- Obligatory communal involvements, 2
- Obligees, 55–56
- Occasional projects, 12
- Occupational devotees, 10
- One-off projects, 10–12
- Pestana, J. V., 26–27
- Pleasurable aerobic activity, 10
- Pondering everyday activities (PEA), 20–22
- Primitive culture, 21–22
- Project-based leisure, 10–12
 - occasional projects, 12
 - one-off projects, 10–12
- Public-centered professions, 10
- Quasi-social worlds, 50
- Regulars, 9
- Riemer, H. B., 20–21
- Role dependees, 55–56
- Schneider, D., 33
- Self-care, 14–16, 27
- Serious leisure perspective (SLP), 6–7, 39
 - amateurs in, 6
 - casual leisure in, 10
 - devotee work in, 9–12
 - hobbyists, 6–7
 - project-based leisure in, 10–12
 - six qualities, 7–9
 - volunteering in, 7
- Service, E. R., 21–22
- Shopping ill-being, 31
- Sirgy, J., 31
- Snow, R. P., 22
- Sobel, M. E., 38
- Social world, 49–53
 - elements of social world culture, 54–56
- Sport practices, 30

- Stebbins, R. A., 2–4, 6, 9, 15–16,
21, 25, 38, 45–46, 54–55,
64
- Strangers, 9
- Thompson, S. M., 30
- Torbert, W. R., 21
- Tourists, 9
- Uncoerced activity, 4–5
- Unpaid labor, 14–15
- Unpleasant tasks, 14–16, 26–27
- Unruh, D. R., 8–9
- Valenzuela, R., 26–27
- Veal, A. J., 38
- Villodres, M. C. H., 53
- Voluntary simplicity, 44–46
leisure and, 46–47
- Volunteering, 7
- Wallace, J. E., 22
- Washing dishes, 19–20
- Work
definition of, 3–4
obligation, 4
- Work-life-obligation balance,
44–47
- Yu, G. B., 31